



Monday

Tuesday

Wednesday

Thursday

Friday



Sizzle & Main



Chicken Fingers
Meatless on Request
 French Fries
 Baked Beans
 Sweet Corn
 Mandarin Oranges

Soft Shell Beef Taco
Molly's Meatless Taco
 Tortilla Chips & Salsa
 Black Beans
 Seasoned Green Beans
 Diced Peaches

Spaghetti & Meatballs
Meatless on Request
 Fresh Baked Roll
 Apples & Oranges

Wild Caught
 Pollock Nuggets
Veggie Nuggets
 French Fries
 Steamed Broccoli
 Grapes

Cheese Pizza
(GF Pizza Available)
 Pickled Cucumber &
 Onion Salad
 Fresh Baked Cookies
 Mandarin Oranges



Aller-Free Eats

All Menu Items are Free of Top 12 Allergens-Milk, Eggs, Fish, Crustaceans, Tree nuts, Peanuts, Wheat, Soybeans, Sesame, Mustard, Mollusks, and Lupin.



Sweet Italian Sausage
 Tomato Gravy
 Peppers & Onions
 Sweet Corn

Jerk Chicken
 Caribbean Rice
 Seasoned Green Beans

Beef Barbacoa Bowl
 Chipotle Lime Rice
 Southwest Corn
 Pico De Gallo

Chicken Bruschetta
 GF Penne Pasta
 Fresh Tomato, Basil,
 Onion, Garlic
 Steamed Broccoli

Pork Goyza Bowl
 Pickled Vegetables
 White Rice
 Stir Fried Vegetables



Salad Bar Includes: Romaine Lettuce, Mixed Greens, Twelve Fresh Toppings and House-Made Dressings.
Ham & Cheese Sandwich or Cheese Sandwich Available Daily

ChefAdvantage is committed to serving nutritious and delicious meals!
 We use locally sourced ingredients whenever possible.
 We do not use MSG, Trans Fats or High Fructose Corn Syrup



Lunch Menu



Holy Redeemer



April 20-24

Monday

Tuesday

Wednesday

Thursday

Friday



Sizzle & Main



Chicken Nuggets
Veggie Nuggets
Steamed Broccoli
Mandarin Oranges

Chicken Taco
Veggie Taco
Refried Beans
Basmati Rice
Grapes

Teriyaki Chicken
Vegetable Fried Rice
Steamed Broccoli
Apples

Grilled Cheese
French Fries
Caesar Salad
Sugar Snap Peas
Mandarin Oranges

Pancakes
Sausage
Scrambled Eggs
Breakfast Potatoes
Peaches

Aller-Free Eats

All Menu Items are Free of Top 12 Allergens-Milk, Eggs, Fish, Crustaceans, Tree nuts, Peanuts, Wheat, Soybeans, Sesame, Mustard, Mollusks, and Lupin.

Italian Roasted Pork
Loin
Roasted Sweet Potatoes
Steamed Broccoli

Chicken Pad Thai
GF Rice Noodles
Sugar Snap Peas

Orange Chicken
Basmati Rice
Steamed Broccoli

Pork Banh Mi Bowl
Slow Roasted Pork
White Rice
Pickled Vegetables
Sugar Snap Peas

GF Pasta
Meat Sauce
Pickled Cucumber &
Onion
Roasted Potato Medly



Salad Bar Includes: Romaine Lettuce, Mixed Greens, Twelve Fresh Toppings and House-Made Dressings.
Ham & Cheese Sandwich or Cheese Sandwich Available Daily

ChefAdvantage is committed to serving nutritious and delicious meals!
We use locally sourced ingredients whenever possible.
We do not use MSG, Trans Fats or High Fructose Corn Syrup



Lunch Menu



Holy Redeemer



April 27-May 1

Monday

Tuesday

Wednesday

Thursday

Friday



International Week



Gnocchi Verde
Tomato Caprese
Fresh Baked Roll
Grapes

Korean Street Tacos
Beef Bulgogi
Red cabbage & Avocado
Garlic Chili Aioli
Ginger Salad
Mandarin Oranges

Fish & Chips
Wild Caught Pollack
Strawberries &
Blackberries

Swedish Meatballs
Egg Noodles
Toasted Rye Bread
Whole Pear

Bratwurst im Brotchen
Sauerkraut
Soft German Pretzel
Apples

Aller-Free Eats

All Menu Items are Free of Top 12 Allergens-Milk, Eggs, Fish, Crustaceans, Tree nuts, Peanuts, Wheat, Soybeans, Sesame, Mustard, Mollusks, and Lupin.

Sweet Italian Sausage
Tomato Gravy
Peppers & Onions
Sweet Corn

Jamaican Jerk Chicken
Caribbean Rice
Spinach Callaloo

Cottage Pie
Brown Gravy
Glazed Carrots

Nigerian Chicken Stew
Jollof Rice
Sweet Plantains

Mediterranean Chicken
Chick Pea Salad
Citrus Fruit



Salad Bar Includes: Romaine Lettuce, Mixed Greens, Twelve Fresh Toppings and House-Made Dressings.
Ham & Cheese Sandwich or Cheese Sandwich Available Daily

ChefAdvantage is committed to serving nutritious and delicious meals!
We use locally sourced ingredients whenever possible.
We do not use MSG, Trans Fats or High Fructose Corn Syrup



Lunch Menu



Holy Redeemer



May 4-8

Monday

Tuesday

Wednesday

Thursday

Friday



Sizzle & Main



Chicken Sandwich
Meatless Patty
French Fries
Buttered Corn
Pineapple

Hawaiian Pulled BBQ
Chicken
Meatless on Request
Fresh Baked Roll
West Coast Vegetables
Grapes

Ground Beef Stroganoff
Meatless on Request
Garlic Bread
Steamed Broccoli
Apples

Chicken Nuggets
Veggie Nuggets
Curly Fries
Steamed Broccoli

Cheese Pizza
(GF Pizza Available)
Kale Salad
Roasted Broccoli
Fresh Baked Cookies
Grapes

Aller-Free Eats

All Menu Items are Free of Top 12 Allergens-Milk, Eggs, Fish, Crustaceans, Tree nuts, Peanuts, Wheat, Soybeans, Sesame, Mustard, Mollusks, and Lupin.

GF Pasta
Meatsauce
Stemed Green Beans
Pineapple

Pork Verde
Black Beans
White Rice
West Coast vegetables

Chicken Cacciatore
Basmati Rice
Steamed Broccoli
Apples

Italian Chicken
Basmati Rice
Chopped Italian Salad
Steamed Broccoli

Greek Chicken Bowl
Quinoa Salad
Cucumber, Tomato &
Olives



Salad Bar Includes: Romaine Lettuce, Mixed Greens, Twelve Fresh Toppings and House-Made Dressings.
Ham & Cheese Sandwich or Cheese Sandwich Available Daily

ChefAdvantage is committed to serving nutritious and delicious meals!
We use locally sourced ingredients whenever possible.
We do not use MSG, Trans Fats or High Fructose Corn Syrup



Lunch Menu



Holy Redeemer



May 11-15

Monday

Tuesday

Wednesday

Thursday

Friday



Sizzle & Main



Teriyaki Chicken
Vegetable Fried Rice
Steamed Broccoli
Apples

Shredded BBQ Pork
Mac and Cheese
Green Peas
Pineapple

Top Your Own Burger
or Garden Burger
Curly Fries
Corn on the Cob
Diced Peaches

Waffles
Sausage
Scrambled Eggs
Breakfast Potatoes
Mandarin Oranges

Chicken Tenders
Meatless on Request
French Fries
Caesar Salad
Steamed Broccoli
Grapes

Aller-Free Eats

All Menu Items are Free of Top 12 Allergens-Milk, Eggs, Fish, Crustaceans, Tree nuts, Peanuts, Wheat, Soybeans, Sesame, Mustard, Mollusks, and Lupin.

Orange Chicken
Basmati Rice
Steamed Broccoli

Chicken Fajita Bowl
Mexicali Rice
Pico De Gallo
Black Beans

BBQ Pork Loin
Roasted Red Potatoes
Corn on the Cob

Balsamic Roasted
Chicken
Marinated Tomatoes
White Rice
Sweet Peas

Chicken Cacciatore
Basmati Rice
Steamed Broccoli



Salad Bar Includes: Romaine Lettuce, Mixed Greens, Twelve Fresh Toppings and House-Made Dressings.
Ham & Cheese Sandwich or Cheese Sandwich Available Daily

ChefAdvantage is committed to serving nutritious and delicious meals!
We use locally sourced ingredients whenever possible.
We do not use MSG, Trans Fats or High Fructose Corn Syrup

